

The Most Important Baby Advice

- Get the cheapest diapers that fit, which might be the most expensive. Some people say Target brand is great. Otherwise, go to Costco.
- Get the highest quality wipes. Do not believe in travel size wipes containers; they will betray you. Always keep 2 extra boxes at home and at least one extra box in the car.
- Don't be quiet for your baby, but don't be stupid; don't establish routines you don't want to live with.
- Your only goal is to keep your baby alive. The first 8 weeks is like boot camp. It gets easier. Be patient.
- Never let a book that you wouldn't want to read 1000 times into your home (music too). Don't feel obliged to put batteries in toys.
- If your baby won't stop crying, take the baby outside. If it's cold, bundle up. Something about this works. Playing static from the radio also works, especially in the car.
- When using diaper cream, paint your baby's butt like you are frosting a cake. Use Butt Paste, Triple Paste, Balmex, and Aquaphor. Some people say cycle through the products. Why not? Pro Tip: wipe the excess cream off on the diaper.
- Every time your baby goes through a developmental milestone, sleep goes into the toilet. This means that you will have to teach them to sleep all over again.
- Talk to your baby. Tell your baby what is going on. Your baby is listening.
- Whenever anyone offers to help, give them a job. Have a list prepared: Laundry, Dishes, Dog walking, cooking, etc.
- If you are going to get a book about getting your baby to sleep, pick one and stick with it. Every book will have different and contradictory advice, so don't try to mix and match or you will go crazy.
- If people without children start to give you advice or scold you, tell them to FUCK OFF.
- Mothers are like T-Rexs. If shit hits the fan, stop moving and stop talking.
- The baby's mother shouldn't have to change the baby for a month, unless she wants to change the baby.
- If you are breastfeeding and your nipples hurt at all, get help. There are people who can help you.
- During the first 4-8 weeks, the person responsible for feeding the baby needs to SLEEP WHEN THE BABY SLEEPS, otherwise you will go insane.